

# Forest School Curriculum Map



2025-2026	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7, 8 & 9	<b>Introduction to Outdoor Learning</b> - Exploring the woods <b>Art</b> - Using nature to create-tool safety <b>Construction</b> - Knot tying to make a swing/frame Building a shelter, teamwork <b>Survival</b> - Tracking using a map, orienteering <b>PHSE/Wellbeing</b> - Forest mindfulness, yoga, cloud gazing, forest bathing	<b>Survival Science</b> - Exploring Fire, fire safety, building a fire, putting out a fire. Food - bread, hot chocolate <b>Conservation</b> - litter pick, making a bird feeder <b>Using tools and crafting</b> - create festive decorations, tool safety Festive baking on the fire	<b>Survival Science</b> - Fire safety, build, start and put out a fire Make popcorn <b>Construction</b> - knot tying to make a bridge, team work <b>Survival-Knife skills</b> - whittle a toasting fork. Toast marshmallows <b>Construction/PE</b> -Make and use natural obstacle course. Team building and competition. <b>Woodwork</b> - use a saw safely to saw a disc from a log. <b>Art</b> -create a piece of nail art. Use a hammer safely	<b>Survival</b> -Tracking and orienteering using a map <b>Conservation</b> - Litter pick, make a plant pot out of disguardered items, decorate and plant <b>Construction</b> -Team work, make a tower as tall as possible using natural resources <b>Exploration</b> - explore the woodland in Spring. Safety, tree climbing <b>Conservation/ biology</b> - prepare soil and sow seeds. Explore flower meadows and learn about their benefits <b>Survival/RE</b> - cooking. Build, start and put out a fire. Fire safety. Make Easter smores.	<b>Survival</b> - Forage for wild garlic Make pesto. Work together to erect a tent. Competition <b>Art</b> - use natural resources to create a Mandala <b>Construction/Survival</b> - Tool safety, whittle a simple spoon <b>Science construction</b> - gather natural resources to make a mini wrap. Raft race-competition <b>PE/Construction</b> - use natural elements to create a circuit to work identified muscle groups	<b>Conservation/Cooking/PHSE</b> - Forage for ingredients, make a summer drink and enjoy with others over a summer picnic <b>Art</b> -Tool safety, use nature to create a hapa zome <b>Survival</b> - Learn about common threats and learn to adminster basic first aid <b>Science/Construction/ Survival</b> - gather natural resources and construct water filters. Test for efficacy PSHE/Wel-lbeing - Forest mindfulness End of year picnic with exploration and team building games